

Saskatchewan Seniors Mechanism



21st Annual General Meeting

May 18, 2011

**Uniplex
Highway #5
Humboldt, SK**

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AGENDA

2011 ANNUAL GENERAL MEETING

Wednesday, MAY 18, 2011

1:00 p.m.

1. Call the Meeting to Order—Les Lye, President
2. Adoption of the Agenda
3. Approval of the Minutes of the May 26, 2010 Annual General Meeting
4. President's Report—Les Lye
5. Executive Director's Report—Holly Schick
6. Program Reports—Holly Schick
 - a. Century Club
 - b. Celebrating Seniors
 - c. Century of Memories
 - d. Housing Task Group
 - e. Elder Abuse Prevention Network
 - f. Fraud Awareness Toolkit
 - g. Excursions for Seniors Congregate Housing
7. Committee Reports:
 - 6.1 Finance Committee Report—Alan Stamler
 - a. Auditor's Report: Mintz & Wallace, Chartered Accountants
 - b. Motion to Appoint the Auditor
 - 6.2 Issues Report
 - 6.3 Grants Report
8. Other Reports
9. Nomination of President—Al Morrison
10. Resolutions—Les Lye
 - Resolution #1—Defined Benefit Pension Plans
 - Resolution #2—Bill 160
 - Proposed Bylaw Changes
11. Closing Remarks

SASKATCHEWAN SENIORS MECHANISM
MINUTES OF PREVIOUS AGM - May 26, 2010

**SASKATCHEWAN SENIORS MECHANISM
ANNUAL GENERAL MEETING
Moose Jaw & District Seniors Centre
101-510 Main Street N.
Moose Jaw, SK S6H 3K3
May 26, 2010 1:15 p.m.**

Present:

President Allen Morrison

Voting Delegates

Laurent Desrosiers, Fédération des aînés franskois

Annette Labelle, Fédération des aînés franskois

Les Lye, National Association of Federal Retirees

Andre Nogue, National Association of Federal Retirees

Sharon Cole, National Association of Federal Retirees

Wes Norheim, Saskatchewan Federation of Union Retirees

Betty Pickering, Saskatchewan Federation of Union Retirees

Lynn McCaslin, Saskatchewan Federation of Union Retirees

Margaret Giling, Saskatchewan Senior Fitness Association Inc.

Myrtle Bell, Saskatchewan Senior Fitness Association Inc.

Ollie Marciniuk, Saskatchewan Senior Fitness Association Inc.

Fern Haight, Saskatchewan Seniors Assoc. Inc.

Kerrie Strathy, Saskatchewan Seniors Education Corporation

Marj Thiessen, Saskatchewan Seniors Education Corporation

Louis Wood, Saskatchewan Seniors Education Corporation

Allan Stamler, Saskatoon Council on Aging

Candace Skrapek, Saskatoon Council on Aging

Jeanette Dean, Saskatoon Council on Aging

Wayne Rутten, SaskTel Pioneers Chapter 59

Jim Slough, Superannuated Teachers of Saskatchewan

Peter Wiebe, Superannuated Teachers of Saskatchewan

Al Schell, Superannuated Teachers of Saskatchewan

Kurt Holstein, Canada Post Heritage Club – Golden Sheaf Chapter

Harvey Ruehs, Moose Jaw & District Seniors Centre

Tracey Duncan, Moose Jaw & District Seniors Centre

Jean Jackson, Moose Jaw & District Seniors Centre

Staff

Holly Schick

Tracy Thompson

Lynne Couzens

1. Call to Order

President Allen Morrison

2. Adoption of Agenda

Motion: Peter Wiebe/Kerrie Strathy that the agenda be adopted as presented .

Carried

3. Approval of the minutes
Motion: Wayne Rutten/Ollie Marciniuk moved minutes be adopted as circulated. Carried

4. President's Report
Motion: Al Morrison/Louis Wood that the President's Report be accepted as read. Carried

5. Executive Director's Report
Motion: Tracey Duncan/Annette Labelle that the Executive Director's Report be accepted as circulated. Carried.
 Question by Candace Skrapek regarding Housing Task Group to clarify who is a member of task group and what they are doing. Reply by Holly Schick: We are working on issue as identified at retreat in Oct 09. At present we are collecting info. Members present at AGM are Chuck Ames, Andre Nogue, Peter Wiebe. Peter Wiebe spoke about Bethany Manor in Saskatoon as an example.

6. Committee Reports
 - 6.1 Finance Committee – presented by Les Lye
Motion: Les Lye/Andre Nogue that Finance Committee report be accepted. carried
Motion: Les Lye/Allan Stamler that Mintz & Wallace be reappointed as auditor for 2010/2011. carried
 Auditors Report prepared by Mintz & Wallace, Chartered Accountants
 Presented by Les Lye
Motion: Les Lye/Betty Pickering that Auditors Report be accepted. Carried
 Question by Betty Pickering regarding Special Initiative Page 7. This was the Primary Health Care Conference.
 - 6.2 Public Relations/Membership
Motion: Wayne Rutten/Kerrie Strathy that Public Relations/Membership Report be accepted as printed. Carried
 - 6.3 Issues Committee
Motion: Allan Stamler/Al Schell that Issues Committee Report be accepted as printed.
 Carried
 - 6.4 Bylaws Committee
 Presented by Jim Slough
 SSM Board Structure recommendation read and discussed (page 45)
Motion: Betty Pickering/Wayne Rutten that information on page 45 of AGM book be referred to the member organizations for consideration and input.
 Carried
 Concerns:
 - that the final format of proposed Bylaws be circulated previous to next year's AGM
 - that all Bylaw changes be circulated previous to all AGM – no Bylaw covering this

- # of Board members not clear in information on page 45
- Page 45 is lacking a clear intent – Holly Schick agreed to write a letter and prepare a question sheet to circulate to Board Member to then circulate to their member organizations for input
- all organizations joining should be interested and concerned about seniors if they want to be a member.

Proposed bylaw changes page 46—47

Motion: James Slough/Betty Pickering that the Bylaw Change be accepted.

4c reads: providing a network of programs or services.....change ‘providing a network of’ to ‘delivery of’

Motion to amend: Kerrie Strathy/Peter Wiebe that that 4c read ‘providing a network of programs or services ...

Carried. Annette Labelle abstained

Friendly Amendment

5(2) reads: Full Membership is open to non-profit organizations andchange to Full Membership is open to non-profit organizations and registered charities...

Discussion

- Can organizations switch from full to associate members?
- For Profit organizations have inquired about membership. We may have to look at definition of Mechanism as ‘an association of seniors’
- Every membership application is subject to the approval of the Board
- There needs to be a distinction between full and associate members, full members should decide the life of Mechanism
- 2(a) in proposed Bylaw change states ‘possibility’ of being a member of the Board of Directors – This change is in preparation for further Bylaw proposed changes at AGM 2011. Bylaw 6.2 states that ‘Each member organization.....shall annually appoint a delegate and an alternate to serve on the Board’. This guarantees membership on the Board whereas the proposed change is a broader definition. Therefore, the proposed change allows for it and 6.2 guarantees it. This allows for organizations that may not want to attend board meetings to still be a member.
- Re: 2(b) why would you want to be a member if you can’t vote? Associate members would be able to comment, ask questions, receive communications without any amount of time commitment.
Wayne Rutten called for question. In favour 15, opposed 10. **Motion defeated**
- Further discussion included comment that including ‘for profit’ would change the nature of the organization. Perhaps we could have a section for ‘Friends of the Mechanism’.
- There is a need to rework AGM section of the bylaws and include notice of proposed bylaws changes.

The Bylaws will be reviewed and reworked as necessary by the Board.

Motion: Betty Pickering/Allan Stamler that Bylaws Committee report be accepted. Carried.

6.5 Grant Report

Motion: Jim Slough/Peter Wiebe that the Grants Report be accept as circulated.

Carried.

7. Program Reports

Motion: Annette Labelle/Tracey Duncan that Program Reports be accepted as circulated. Carried.

8. Other Reports

Motion: Wayne Rutten/Allan Stamler that Other Reports be accepted as submitted. Carried.

9. Nomination of President

Fern Haight presided over nominations

Nominee for President is Les Lye

Fern called for nominations from the floor 3 times.

Motion: Fern Haight/Allan Stamler moved acceptance of Les Lye as President by acclamation. Carried.

10. Resolutions

Presented by Allan Stamler

Resolution #1 Resolution is sponsored by Saskatoon Council on Aging

Motion: Allan Stamler/Peter Wiebe that Resolution # 1 be accepted.

Discussion: Does this include government as well as private care homes? The intent of SCOA is to have payment go directly to individual which would then allow choice.

Carried

Resolution #2 Resolution is sponsored by Saskatchewan Seniors Association Inc.

Motion: Allan Stamler /Louis Wood that Resolution #2 be accepted.

Discussion: Does it only involve seniors centres that are members of SSAI? The resolution reads 'senior centres across the province' . Assurance was given that money will be distributed fairly to all seniors in Saskatchewan. Resolution is acting for support only.

Friendly amendment -from 'senior centres' to 'all senior centres'

11. Holly Schick thanked Al Morrison, outgoing president for all his help to her and his diligence as president of SSM. The group showed appreciation by clapping
Closing Remarks Al Morrison

Al Morrison declared the meeting adjourned @ 3 p.m.

Al Morrison, President

Lynne Couzens, Staff

SASKATCHEWAN SENIORS MECHANISM

CURRENT BYLAWS

SASKATCHEWAN SENIORS MECHANISM INC.

BYLAWS

May 2008

Preamble

WHEREAS Saskatchewan Seniors Mechanism was founded on January 11, 1990 and incorporated under *The Non-profit Corporations Act*, Saskatchewan; and

WHEREAS Saskatchewan Seniors Mechanism is empowered under the said **Act** to make bylaws;

THEREFORE Saskatchewan Seniors Mechanism makes bylaws as follows:

TITLE

Title

1. These bylaws may be cited as the ***Bylaws of Saskatchewan Seniors Mechanism, Inc.***

INTERPRETATION

Definitions

2. In these bylaws:
 - (1) "Mechanism" and "SSM" mean Saskatchewan Seniors Mechanism, Inc.
 - (2) "senior" and "seniors" mean any person or persons of age fifty-five (55) or more.
 - (3) "member organization" means an association of seniors which is non-discriminatory in relation to race, religion, sex, physical or mental abilities and which has been incorporated for at least two (2) years for the purpose of supporting and advancing the common interests of seniors.

OBJECTS

Aims and Purposes

3. The objects of the Mechanism are:
 - (1) To provide a united voice for seniors;
 - (2) To research and take action on issues affecting seniors; and
 - (3) To create an awareness of, and coordinate, resources and services for seniors.

MEMBER ORGANIZATIONS

Categories 4. Member organizations which may be represented on the Mechanism shall consist of those falling into one of the following categories:

- (1) Province-wide in terms of:
 - (a) membership;
 - (b) goals and objectives; and
 - (c) providing a network of programs or services throughout the province.
- (2) City-wide in terms of:
 - (a) membership;
 - (b) goals and objectives; and
 - (c) providing a network of programs and services throughout a city in the province.

MEMBERSHIP

- Membership 5.**
- (1) Any organization that meets the definition of a member organization, pursuant to clause 2(c), and which has not been represented by any other existing member organization of SSM may apply for membership in the Mechanism.
 - (2)
 - (a) Notwithstanding the provisions of section 4 and subsection 5(1), there shall be a special category known as "Associate Membership: which is open to any group or organization whose membership is composed primarily of persons who support and advance the interests of seniors.
 - (b) An associate member has neither a position on the Board of Directors nor a vote in the operations of the Mechanism.
 - (3) Every application for membership shall be subject to the approval of the Board of Directors of the Mechanism.
 - (4) Any member organization may withdraw from membership in the Mechanism by providing written notice to the Board of Directors of SSM.

DIRECTORS

- Composition 6. of the Board** (1) The Board of Directors of Saskatchewan Seniors Mechanism shall be composed of no less than seven (7) and no more than twenty (20) members.

- (2) Except for the category of associate membership, each member organization, approved pursuant to section 5, shall annually appoint a delegate and an alternate to serve on the Board. Delegates and alternates shall be appointed by June 30th of each year.
- (3) In principle, delegates shall serve for no more than two (2) consecutive two year terms of office.
- (4) Unless otherwise requested by a member organization, the appointment of new delegates to serve on the Board shall take effect at the first meeting of the Board held after the Annual General Meeting of the Mechanism.

Duties & Responsibilities

- 7. (1) Directors of the Mechanism shall:
 - (a) Act honestly and in good faith, consistent with the best interests of SSM;
 - (b) Exercise due care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances, to work and provide sound stewardship of the SSM resources entrusted to them; and
 - (c) Protect confidentiality on matters and information provided to them in confidence at all board and committee meetings.
- (2) (a) Any director or alternate who acts in a manner inconsistent with the interests and reputation of the Mechanism shall be deemed in conflict of interest and shall be removed from the Board of Directors in accordance with the provisions of ***The Non-profit Corporations Act***, Saskatchewan.
- (b) Except in the case of the President, where a director or alternate is removed from the Board of Directors pursuant to clause (a), SSM may request in writing that the member organization which the removed director or alternate represented, to appoint a replacement director or alternate, as the case may be.

OFFICERS AND THEIR DUTIES

Officers

- 8. The officers of the Mechanism shall consist of the following:
 - (a) President;
 - (b) First Vice-President;
 - (c) Second Vice-President;

- (d) Secretary;
- (e) Treasurer; and
- (f) Past President.

- Vacancies** 9. (1) Except for the President and Past President, all officers of the Mechanism shall be elected by and from the Board of Directors at a meeting of the board within ten (10) days following the Annual General Meeting of the Mechanism.
- (2) The Past President shall chair the nominating committee for the election of officers.
- (3) Where an officer vacancy occurs between Annual General Meetings of the Mechanism, such vacancy shall be filled by and from the Board of Directors.
- (4) Where the vacancy is the office of the President and the First Vice-President assumes the office, pursuant to subsection 12 (2), this shall be deemed as the completion of the term of the vacant office of President.

- Removals & Expulsions** 10. (1) The Board of Directors of the Mechanism may remove any officer, by a two-thirds (2/3) majority vote of the directors whenever, in the judgement of the Board, the best interests of SSM would be served.
- (2) Where an officer is removed from an office by the Board, pursuant to subsection (1), that officer shall be replaced by another delegate or Alternate of the Board, as the case may require.
- (3) Where the Board of Directors contemplates the removal of an officer from the Board, the provisions of subsection 7 (2) apply.

- President** 11. (1) The President shall:
- (a) Assume his/her office immediately upon election at the Annual General Meeting.
- (b) Be the principal executive officer of the Mechanism and it shall be his/her duty to be vigilant and active in promoting the objects of SSM;
- (c) Generally supervise and control the business and affairs of the Mechanism;
- (d) Keep the Executive Committee and the Executive Director aware of all undertakings carried out on behalf of the Board of Directors;

- (e) Preside at all meetings of the Board of Directors;
 - (f) Be an **ex officio** member of all committees; and
 - (g) Perform such other duties which may, from time to time, be prescribed by the Board of Directors.
- (2) (a) Subject to the other provisions of this subsection, any senior, (a person fifty-five years of age or more), upon the prior approval of nomination by the member organization he/she represents, shall be eligible to stand for election to the office of President at the Annual General Meeting, and upon a subsequent prior approval of nomination by the member organization he/she represents, be eligible to stand for re-election as President at a subsequent Annual General Meeting.
- (b) The President shall serve for no more than two (2) one-year consecutively elected terms.
- (c) The completion of office of President, pursuant to subsection 12 (2), shall not be considered as an elected term of office for the purposes of clause (b).
- (d) Each member organization shall have a representative on the Saskatchewan Seniors Mechanism Board of Directors. The President of the Mechanism shall not represent his/her organization while holding the office of President. Therefore, provision for representation of that organization shall be made through the appointment of an additional delegate to the Board of Directors.

**First
Vice-President**

12. (1) The First Vice-President shall:
- (a) Assist the President in the performance of presidential duties and shall act as President **pro tempore** in the absence or inability of the President; and
 - (b) Perform such other duties which may, from time to time, be prescribed by the Board of directors.
- (2) (a) The First Vice-President shall automatically assume the office of President when the present incumbent is permanently unable to carry out his/her duties.
- (b) The completion of the term of office referred to in clause (a) shall not be considered as a term of office of President.

- Second Vice-President** 13. The Second Vice-President shall assume the duties of the President or First Vice-President in their absences or inability to carry out their duties.
- Treasurer** 14. The Treasurer shall:
- (a) If required by the Board of Directors, be bonded for the faithful discharge of his/her duties in such sums and sureties as the board may determine;
 - (b) Be responsible for ascertaining the correctness of the financial status of the Mechanism;
 - (c) Report the financial status of the Mechanism at all board meetings;
 - (d) Perform all other duties incident to the office of Treasurer; and
 - (e) Carry out such other duties as may be assigned, from time to time, by the Board.
- Secretary** 15. The Secretary shall attend all meetings of the Board of Directors and maintain an accurate record of the proceedings.
- Assistants** 16. The Board of Directors may, as the need arises, appoint an Assistant Treasurer and an Assistant Secretary, and such appointees when acting in their respective capacities as appointed, shall have the full authority and responsibility of the Treasurer or Secretary, as the case may be.

CONDUCT OF BUSINESS

- Management** 17. (1) Official cheque signing authorities shall be any two of the executive director, president, treasurer, first vice-president, and secretary of the organizations.
- (2) As designated officers of the Board, Bylaw 17 (1) shall apply to the signing of any deeds, mortgages, loans, contracts or other instruments which are authorized by the Board to be executed.
- Voting Authority** 18. (1) The President shall be a non-voting member of the Board.
- (2) Each director or alternate present at a meeting of the Board of Directors shall have one vote.
- (3) Where both a director and an alternate who represent the same member organization attend a meeting of the Board, the alternate may participate in all discussions, studies and proceedings of the Board, but shall not be entitled to vote on any question submitted to a vote of the Board.
- (4) Where a director who was appointed by a member organization to serve

on the Board of Directors is absent from a meeting of the Board, the alternate appointed by that member organization shall have all the power and authority, including the full voting rights, accorded to the absent director for that meeting.

(5) A motion shall be deemed defeated in the event of a tie vote.

- Meetings** 19. There shall be at least six (6) meetings of the Board of Directors in each fiscal year.
- Fiscal Year** 20. The fiscal year of the Mechanism shall commence on April 1 of a year and end on March 31 of the following calendar year.
- Quorum** 21. A majority of voting members personally present at the opening of a meeting of the Board of Directors shall constitute a quorum.
- Conduct Meetings** 22. Where not otherwise expressly provided for in ***The Non-profit Corporations of Act***, or elsewhere in these bylaws, the conduct of meeting of the Board of Directors shall be governed by the latest revised edition of ***Roberts Rules of Order***.

COMMITTEES

- Committees** 23. (1) The following standing committees shall be struck at the first meeting of the Board after the Annual General Meeting of the Mechanism:
- (a) Bylaws Committee;
 - (b) Finance Committee;
 - (c) Issues Committee; and
 - (d) Public Relations and Membership Committee.
- (2) The chair of each standing committee shall be a director of the Mechanism.
- (3) The Board of Directors may appoint committee members from the members of the Board or may appoint participants from the general membership of any member organization(s).
- (4) (a) There shall be a committee known as the Executive Committee which shall consist of the:
- (i) President;

- (ii) First Vice-President;
 - (iii) Second Vice-President;
 - (iv) Secretary;
 - (v) Treasurer; and
 - (vi) Past President.
- (b) The Executive Committee shall have the authority of the Board of Directors of the Mechanism as circumstances may dictate, but all actions of this committee shall be subject to the approval of the Board at the next Board meeting.
- (5) The Board of Directors may establish **ad hoc** committees as may be required, and appointments of members to these committees shall be in accordance with the provisions of subsection (3).

STAFF OF THE MECHANISM

- | | | |
|---------------------------|-----|---|
| <i>Executive Director</i> | 24. | The staff position of Executive Director of the Mechanism shall be an ex officio , non-voting member of the Board of Directors and of each committee. |
| <i>Support Staff</i> | 25. | The Board of Directors may engage such other support staff as may be deemed necessary to carry out the day-to-day functions and operations of the Mechanism office. |

ANNUAL GENERAL MEETINGS

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|-------------------------------|-----|---|
| <i>Annual General Meeting</i> | 26. | The Annual General Meeting of the Mechanism shall be held within three (3) months of the end of the fiscal year, and in no case shall it be held later than June 30. |
| | 27. | The President shall be elected at the Annual General Meeting by a simple majority of voting delegates. |
| <i>Voting Delegates</i> | 28. | Except as provided in section 29, each member organization shall appoint in writing, the names of three (3) voting delegates for the Annual General Meeting. |
| <i>Rotated Voting</i> | 29. | Where a member organization considers it desirable to rotate its three allowable votes among several of its participants at the Annual General Meeting, it shall complete a declaration of this intent on a form prescribed by the Mechanism for this purpose, but in no case shall the total number of votes cast by any member organization on any question exceed three (3) in number. |

- Proxy Voting** 30. Where a voting delegate representing a member organization expects to be absent during voting called at the Annual General Meeting, each such absent member may, through proxy, transfer his/her voting rights to another member representing that member organization.
- Quorum** 31. A simple majority of voting members personally present, including proxy holders, at the opening of the Annual General Meeting of the Mechanism shall constitute a quorum.
- Membership Fees** 32. Membership fees, if any, shall be approved by the voting members of the Annual General Meeting on the recommendation of the Board of Directors.

BYLAWS AND AMENDMENTS THERETO

- Directors May Make, Amend or Repeal Bylaws** 33. (1) Voting Delegates of member organizations may, by a two-thirds (2/3) majority at the Annual General Meeting by resolution make, amend or repeal any bylaws that regulate the activities and affairs of the Mechanism **as per terms of The Non-Profit Corporations Act.**
- (2) The Board of Directors or any Voting Delegate may submit any proposed bylaws or any amendments or repeal thereof to the voting delegates at the Annual General Meeting, and the delegates may, by resolution confirm, reject or amend the proposed bylaws, amendments or repeals in accordance with 33 (1).
- (3) A bylaw, an amendment to a bylaw or a repeal of a bylaw shall be effective from the day of approval at the Annual General Meeting.

Wind-up and Dissolution

- Wind-up & Dissolution** In the event of the wind-up and dissolution of the Saskatchewan Seniors Mechanism, all the property and assets shall, after the payment of all liabilities, be disposed of in accordance with the provisions of **The Non-profit Corporations Act**, Saskatchewan.

SASKATCHEWAN SENIORS MECHANISM

PRESIDENT'S REPORT

President's Report
Saskatchewan Seniors Mechanism
2011 Annual General Meeting

This year has been a productive one. One in which our staff and committees have achieved some firsts: Celebrating Seniors Awards and a town hall meeting. Once again, our financial standing is sound.

Upon becoming president, I set goals that would improve efficiency of the board meetings by applying the John Carver theory. (The board decides what and the executive director decides how.) Both the format for the board meetings and its agenda were amended. I tried to remain mindful of the balance between debate and efficient use of the board's time. I have also made an effort to demonstrate an interest in the work of our various committees and the affairs of SSM.

Our success is due to the diligence of the staff and the various committees. I sincerely thank them. My appreciation is extended to you all for the privilege of serving as your president.

Respectfully Submitted
Les Lye
President

**SASKATCHEWAN SENIORS MECHANISM
EXECUTIVE DIRECTOR'S REPORT**

Executive Director's Report

Saskatchewan Seniors Mechanism

2011 Annual General Meeting

I am very pleased to be making my second report as Executive Director. After being part of SSM for nearly two years, I am beginning to feel comfortable with the work which I am enjoying very much.

At our AGM last year, we passed 2 resolutions, one on the need for financial support for low-income seniors requiring the level of care provided by personal care homes and the other requesting funding to assist seniors centres to remain open and viable. A letter communicating these concerns was sent to Premier Brad Wall with copies to the Honourable Don McMorris, Mr. Dwain Lingenfelter, and Ms. Judy Junor. The responses we received from Mr. Wall and Mr. McMorris indicated that accessibility of personal care homes is part of the overall Seniors' Care Strategy the government is developing. The response regarding the seniors centres indicates that while there is no funding for seniors centres within the Ministry of Health, the provincial Community Vitality Program and the federal New Horizons for Seniors Program have grants available that may be able to help.

This year we continued to work on the four focus areas identified at our October 2009 retreat—healthcare, elder abuse, housing, and finances. Many aspects of these issues are not unique to seniors, but there are particular aspects that take on more significance for seniors.

I want to share with you some of the work of the past year. More detailed reports on some of our programs and partnerships – FRAUD CENT\$ Toolkit, Regina Housing Outings, Century Club, Century of Memories, Elder Abuse Prevention and Response Network, Celebrating Seniors, ALCOA, and Philips Lifeline – are included later in this book.

Annual Conference May 2010 – *Seniors and Their Money*. For the first time in several years, we held our conference outside of Regina. We were pleased to work with the Moose Jaw and District Seniors Association on planning and hosting this event. The theme was addressed from various perspectives by the speakers and workshop leaders. They raised awareness about various financial concerns seniors need to be aware of—counterfeit money and how to recognize it, awareness about frauds and scams and the Fraud Cent\$ toolkit being developed, the financial forms of elder abuse, and the various aspects of pension benefits that are available to seniors.

20th Anniversary – 2010 marked the 20th year since the formation of SSM. This is a significant milestone and one that we celebrated at our Annual Conference with a PowerPoint presentation of some of the history of SSM and a birthday cake.

Bylaws and Policy Updates – We spent time considering possible changes to our governance structure which includes consideration of moving to an elected Board. Our member organizations have had the opportunity to consider these ideas, provide input and

discuss them at a Town Hall meeting in March. The results of this work are found in the Resolutions section of this book.

Government Connections – Advocacy is an important part of our mandate and it involves maintaining lines of communication with government wherever possible. In the past year we have had a number of opportunities to meet with government officials on a variety of topics and to be present at a variety of government events:

- met with Linda Restau and Phyllis Ng regarding proposed changes to the regulations governing businesses that provide hearing tests and hearing aids
- met with David Forbes regarding the Saskatchewan Income Plan
- met with Dwain Lingenfelter regarding seniors issues
- met with Saskatchewan Health regarding some of the findings of the consultations on Seniors Care Strategy
- met with Ralph Goodale regarding pension issues
- met with Ray Boughan regarding pension issues
- met with Roger Carriere and Laurie Weiman regarding ways in which SSM and Saskatchewan Health can work more closely together
- met with NDP Policy Review to discuss seniors concerns
- met with HealthLine regarding establishing an Elder Abuse Line
- attended question period at the Legislature when questions were being asked and responded to regarding seniors' issues

We were pleased to have a number of government representatives attend our Christmas Open House and our Annual Conference.

Workshops and other events – Throughout the year, SSM has had the opportunity to participate in various workshops, events, meetings and tradeshow, some sponsored by member organizations and some by other groups. Some of these were:

- SSAI Annual Conference
- SSFA Banquet
- SPRA Conference and Annual Meeting
- SPRA Sector Planning Focus Group
- Spotlight on Seniors (Saskatoon Council on Aging)
- Seniors Sharing Wisdom and Wellbeing in Humboldt
- Gerontology Institute (Lifelong Learning Centre)
- City of Regina Sounding Session on seniors concerns
- Elder Abuse Conference in Winnipeg
- Consultation involving representatives from all the elder abuse projects that receive funding through New Horizons for Seniors (held in Ottawa)
- SaskTel Networking Luncheon
- LeaderPost workshop on marketing
- “Falls Prevention in Seniors across the Continuum of Care” in Saskatoon
- SaskEnergy Step Forward event on sponsorship
- “Taming of the Queue” conference on health care in Ottawa
- STOPs to Violence meeting
- Health Care Quality Summit
- Distinguished Canadian Awards Dinner (Seniors Education Centre)

- Embracing Retirement Showcase (Regina Senior Citizens Centre)
- Superannuated Teachers of Saskatchewan AGM
- Fraud Awareness Presentations to various groups throughout the province
- Radio, television and newspaper promotions on various topics

Gray Matters – We have continued to publish our quarterly newsletter *Gray Matters*. We have increased our newsletter by 4 pages to enable us to include more articles and information about timely issues and activities. This year we included four pages of colour in one edition for the first time—we did this to showcase the Celebrating Seniors Award recipients and the Fraud Cent\$ Toolkit. We have also increased the number of copies we print in some quarters to allow for increased distribution at events.

Phillips Lifeline – We celebrated 10 years of partnership with Lifeline and have renewed our contract with them. Their report which is included under ‘Other Reports’.

Precious Memories of Prairie War Heroes – This book published by SSM continues to be ordered by several people every month.

The Seniors Information Line – This continues to provide information and/or assistance on a variety of issues, including financial abuse, mental or physical abuse, scams, health, recreation, etc. All calls are answered by an individual who is able to access information and refer the individual to the proper channels.

Web site – We continue to develop this. We have made some upgrades to the site to allow us to more easily update it and access technical support when needed. We are planning to get more of the overall information about what resources, activities and services are available for seniors throughout Saskatchewan up on the site this year.

Renovations – This year we were able to make some much needed renovations to our office space. We painted, carpeted, installed a railing by our ramp, replaced our high bookshelves with lower ones to open up the space, and installed new literature racks. We have been enjoying the new look and have received many positive compliments on it.

At the end of April we said farewell to Tracy Thompson who has been our Program Coordinator. Tracy has purchased a business in Regina and that is where she will be focussing her time and attention in the future. We have greatly appreciated her hard work and enthusiasm and will miss her as part of our team. We wish her well in her new venture.

SSM offers exciting possibilities for various seniors organizations to work together and to support one another. Together we have a better chance of having our voice heard on issues of concern to seniors, and together we work to address these issues through our programs and projects. In addition to our member organizations, we also continue to build partnerships with many other groups.

I want to close by thanking everyone connected with SSM for their commitment and hard work. Lynne Couzens, our Office Administrator, continues to be a key member of our team and does a tremendous amount of quality work for SSM. The members of the Board

of Directors and those on various committees and task groups have given their time and wisdom to make our programs and projects possible. I want to thank them for their ongoing diligence and commitment to the work of SSM. I especially want to thank our President Les Lye for his excellent leadership in SSM.

Respectfully submitted,
Holly Schick

**SASKATCHEWAN SENIORS MECHANISM
PROGRAM REPORTS**

Century Club

The Century Club was formed to honour seniors who have reached the age of 90 and are determined to continue living in as full and active a style as possible to the age of 100 and beyond. The Club provides a network for nonagenarians who wish to establish new friendships and provide mutual support. Approximately 200 people are members of the Century Club. The Saskatoon Council on Aging facilitates the operation of the Saskatoon Chapter of the Century Club. SaskTel Pioneers Chapter 59 have agreed to host Century Club Gatherings for Regina and area. We are looking forward to working with them.

Teas hosted by the Lieutenant Governor to honour the centenarians have become an annual event. In April 2011, the Honourable Dr. Gordon Barnhart hosted teas at the Bessborough Hotel in Saskatoon and at Government House in Regina. A presentation of the Royal Wedding Stamps was made to each attendee.

We have dedicated two pages in *Gray Matters* to the Century Club. This year we have been printing 'memories' that have been submitted by Century Club members. This is in conjunction with our project 'A Century of Memories'. Every club member receives a copy of *Gray Matters* on a quarterly basis. Each of them also receives a birthday card each year.

We are working on ways to provide more interaction with Century Club members. This year we mailed out greetings to each Century Club Member a couple of times in connection to a particular holiday or event such as Canada Day and Easter. In these letters we are inviting them to share memories about that particular occasion. This sort of sharing of memories is something we want to do more of and relate the sharing to particular topics.

2009 statistics tell us that there are 9,350 Saskatchewan residents who are 90 years of age or older. These seniors have a great deal of wisdom and experience to share. We are hoping to do more to connect with those seniors to encourage them to join the Century Club and to share some of their memories/stories. We have received a grant from New Horizons for Seniors, Human Resources and Skills Development Canada to collect memories and are looking into the possibilities of applying for a grant to fund a book which will be called *A Century of Memories*.

Respectfully submitted,
Holly Schick
Executive Director

Celebrating Seniors

This is a new initiative which we are very excited about. On Sunday, October 3, 2010, the Saskatchewan Seniors Mechanism hosted **Celebrating Seniors**, the first provincial senior volunteer awards. These awards celebrated the contributions seniors make to our society and provided an opportunity for people throughout Saskatchewan to be made aware of the volunteer contributions of seniors in all aspects of the life and work of our province. Award categories included Advocacy, Centenarian, Fine Arts, Community Leadership, Contribution to a Rural Community, Education, Teamwork, Fitness & Healthy Lifestyle, Heritage, and Lifetime Achievement Award.

The evening began with a reception during which each of the 46 nominees was presented with a pin by the Lieutenant Governor, the Honourable Dr. Gordon L. Barnhart, who is also the Honorary Patron for the event. In addition, each nominee received a corsage, a gift bag and a certificate. The MC for the evening was the Honourable Ralph Goodale. Greetings were offered by the Honourable Laura Ross on behalf of the provincial government, Councilor Fred Clipsham on behalf of the City of Regina, and Les Lye, the president of the Saskatchewan Seniors Mechanism. A message from the Honourable Dianne Ablonczy, Minister of State (seniors) was read.

Everyone enjoyed a delicious meal which was followed by our speaker, the Lieutenant Governor, and the presentation of the awards.

The following is a list of all the Nominees and the Award Recipients:

Education

Award Recipient: **Gordon Li**

Advocacy

Award Recipient: **Florence Graham**

Don Wiks

Community Leadership

Award Recipient: **Dick Strayer**

Peg Frey

Lorraine Garrett

Les Gray

Kurt Holstein

Sheldon R. Kraus

Marilyn Lorence

Eileen Rowbotham

Donald Smith

Albert Thomas

John Walker

Fine Arts

Award Recipient: **Angie Wollbaum &**

Evelyn Dahl

John deVries, Ester Hagan & Bob Meek

Fitness and Healthy Lifestyle

Award Recipient: **Thelma Snow**

Alfred Aichinger

Janet Beadnell

Isabella Frank

Charles Keple

Heritage

Award Recipient: **Margaret Beach**

Lorraine Iversen

Gladys Petrar

Contributions to a Rural Community

Award Recipient: **Gilbert R. McConnell**

Wes & Judy Bailey

Hummer Bartlett

Shirley Bozarth

Willie & Doreen Carnegie

Marguerite Cunningham

Dorothy Daniel

Pat Jarvis

Beatrice Struthers

Ken Thomas

Teamwork

Award Recipient:

Churchbridge Volunteer Camp-ground Committee

Saskatoon Council on Aging's Volunteer Board

SaskTel Pioneers HAD Allen Life

Member Club-Meals on Wheels

Centennarian

Award Recipient: **Ellen Manton**

Essie Shiels

Lifetime Achievement

Award Recipient (Urban): **Wally Coates**

Award Recipient (Rural): **Mae Wesley**

Wilma Mollard

Bill Rekrutiak

Audrey Schlamp

Jean E. Thomas

Margaret Willette

We are well on the way to planning the second annual Celebrating Seniors Awards to be held at TCU Place in Saskatoon on October 2nd. Lorne Calvert will be the MC for the event and Senator Pamela Wallin will be the guest speaker. The Lieutenant Governor will be in attendance.

Respectfully submitted,
Holly Schick
Executive Director

Century of Memories

We are compiling a book called *A Century of Memories*. This book will include stories and recollections of Saskatchewan residents 90 years of age and older about their early life. We are also inviting the submission of stories or memoirs written by people who have passed away but who would be 90+ if they were alive today. Funding for this project is through New Horizons for Seniors, Human Resources and Skills Development Canada.

Some of the story collecting has already begun with the members of our Century Club and by spreading the word through our Gray Matters Newsletter. Several memories have been mailed in and, as space allows, printed in Gray Matters. We are expanding this to include other 90+ people in Saskatchewan. We expect to collect most stories in written form, however, we will have volunteers who can help people get those stories written down if that is needed.

We will be organizing gatherings in some locations in the province to collect stories. Volunteers will be available to do a limited amount of visiting with individuals in their own homes or in care facilities.

The story gathering will be happening throughout 2011, with a goal of publishing the book sometime within the next couple of years.

The Lifelong Learning Centre and SaskTel Pioneers will be helping us with some of the story collecting.

Respectfully submitted,
Holly Schick
Executive Director

Housing Task Group

Our Housing Task Group are active and continue to meet on a regular basis.

We included a questionnaire in January *Gray Matters* to ask individuals about their needs regarding housing currently and what their hopes are for housing when their needs change. In April, we also sent out a different version of the questionnaire to communities throughout Saskatchewan to inquire about what they have available, what they would like to be able to offer, and also included a copy of the questionnaire for individuals in that mailing to encourage more responses. As of the writing of this report, we have received 160 responses from individuals and 20 response from communities. The Housing Task Group have looked at and will continue to look at the responses we receive from individuals and in the near future will look at the responses to the questionnaire mailed to communities.

It is hoped that the information that is gathered from the questionnaires will help us discern what actions we might take in the area of affordable and appropriate housing for seniors at various stages of their lives and meet their specific needs.

Respectfully submitted,
Holly Schick
Executive Director

Elder Abuse Prevention and Response Network

On April 1, 2010 we began a two year project which involves working toward establishing a provincial network of service providers in the area of elder abuse prevention and response. We are partnering with the Saskatoon Council on Aging, Prince Albert Community Against Family Violence, the Seniors Education Centre, and the Southwest Council on Aging in this work. The funding is from New Horizons for Seniors, Human Resources and Skills Development Canada.

We have established a Steering Committee which has been meeting regularly. We have held three roundtable gatherings – Saskatoon, Swift Current and Yorkton. These have gone very well and we hope they will result in further work on networking in those areas. We have done some work toward creating a directory of elder abuse services and service providers, with the Saskatoon Council on Aging taking the lead on this piece of the work. Prince Albert Community Against Family Violence has been working on presentations on elder abuse in the Prince Albert area and these presentations will serve as a template for use in other areas. We are also working on a Elder Abuse Prevention and Response Newsletter.

We have begun conversations with HealthLine regarding the possibility of them taking on responsibility for an elder abuse line.

We are planning a roundtable in June 2011 at which we want to begin discussing provincial strategy on elder abuse prevention and response. This roundtable will be part of two days of events on Elder Abuse being planned by SSM and the Lifelong Learning Centre. Part of the two days will include sharing of elder abuse prevention and response resources being developed by NICE (National Initiative for the Care of the Elderly).

Respectfully submitted,
Holly Schick
Executive Director

Fraud Awareness Toolkit (FRAUD CENT\$)

The past year has been amazing! We have had such a successful year, promoting SSM and all of the programs, especially the Toolkits!

We had two rounds of testing the Fraud Cent\$ toolkit. The first occurred in June and last in October. We created a very aggressive marketing campaign that included TV, radio, print and digital billboards. It expanded our marketing initiatives across the entire province with great success! It allowed us to “touch” seniors whom we wouldn’t normally have contact with.

We printed the Toolkit for organizations and also the Fraud Cent\$ for Individuals was created due to the amount of calls from seniors across the province, who wanted to learn about frauds and scams in the privacy of their home. We printed 300 Toolkits for organizations and 3000 Fraud Cent\$ for Individuals. Within the first month, we distributed all but 600 Individual toolkits. We were astonished! We then decided to print an additional 2000 copies. They are flying off the shelves.

The fall season saw the program coordinator travel around Saskatchewan, giving presentations and attending conferences. She had the ability to make connections with seniors, adult children and service providers. We partnered with Terri Berglund, Philips Lifeline representative, on many trips for a full impact! It was a successful year!

Respectfully submitted,
Tracy Thompson
Program Coordinator

Excursions for Seniors Congregate Housing

Again this year, we were successful in applying to the City of Regina for the Community Initiative Grant provided by Saskatchewan Lotteries. We partnered with the Regina Housing Authority tenants.

We again this year, used the services of City of Regina Transit to transport seniors to and from activities. It was a bit disappointing this year that our trips to the Lawson did not have a significant amount of people on the bus and therefore we could not schedule regular trips. We did have great success with bowling and because of the interest this activity was scheduled weekly. It was exciting to see that after the grant was over, there were some who still continued to bowl weekly!

We also did pilot projects where we employed a contract fitness instructor who went to several different RHA buildings once a week to do group older adult exercise classes. We did several cultural outings which went over well also.

We are not applying for the grant this year because of a shortage of staff time. The tenants of RHA were very sad to see the program discontinued.

Respectfully submitted,
Tracy Thompson
Program Coordinator

**SASKATCHEWAN SENIORS MECHANISM
COMMITTEE REPORTS**

Finance Committee Report

Saskatchewan Seniors Mechanism 2011 Annual General Meeting

Committee Members: Allan Stamler, Chair
Frank May
Andre Nogue
Les Lye (ex officio)

This year we will have another surplus. I will go into the results of operation in my verbal report to the AGM. It has been interesting working from Saskatoon with Regina.

I would like to thank the members of the finance committee; Les Lye, Frank May, Andre Nogue and Holly Schick. Also I would like to thank our bookkeeper Debbie Geisinger and our auditor Clint Ceholski for their efforts.

Respectfully submitted,
Allan Stamler
Treasurer

Note: Auditor's Report 2010-2011—See Appendix A

Appointment of Auditor
Saskatchewan Seniors Mechanism
2011 Annual General Meeting

Motion: Mintz and Wallace be reappointed as auditor for 2011-2012

Moved by : Allan Stamler

Seconded by:

Issues Report

Saskatchewan Seniors Mechanism 2011 Annual General Meeting

At our retreat in October 2009, we identified four issues of primary concern at this time—healthcare, elder abuse, housing, and finances. The following is a brief listing of ways we are working on these particular issues.

Elder Abuse

- We are involved in a two year project to establish a provincial network of service providers in the area of Elder Abuse. It also includes creating a directory/inventory of elder abuse service providers and pilot project presentations on the topic. We are particularly partnering with the Saskatoon Council on Aging, Prince Albert Community Against Family Violence, the Lifelong Learning Centre, and the Southwest Council on Aging in this work. This is funded through Human Resources and Skills Development Canada's New Horizons for Seniors Program.
- We have an Elder Abuse Protocol that was developed by SSM and is on our website.
- We are developing an Elder Abuse Prevention and Response Newsletter.
- We sent a representative to a conference on Elder Abuse in Winnipeg.
- We are attending meetings of and working with STOPS to Violence.

Housing

- We have formed a Housing Task Group which is presently working on surveys regarding what is currently available and what people want in the future as their needs change.
- We have given support to a provincial petition on affordable housing for seniors.

Finances

- The theme of our annual conference in May 2010 was \$eniors and Their Money.
- We have developed a Fraud Awareness Toolkit geared toward seniors, which is available to use in developing presentations for various groups. This is presently being translated into French. We have also created a version that is for individuals. This is funded through Human Resources and Skills Development Canada's New Horizons for Seniors Program.
- Some of our member organizations are very involved in working on how to raise the levels of CPP, GIS and OAS to provide a more reasonable level of income for seniors; we have had opportunity to attend several meetings with various government representatives on this topic.
- We have been involved in the Targeted Initiative for Older Workers program

which is jointly funded by Human Resources and Skills Development Canada (federal) and Advanced Education Employment and Immigration (provincial). We have recently submitted 3 additional applications in the hope of working in this area again.

Health Care

- We met with Saskatchewan Health to hear some of the results from the consultations on a Seniors' Care Strategy which MLA Laura Ross hosted throughout the province.
- We have continued to be in touch with issues around Primary Health Care.
- One of our Board Members is on two key task groups – one on *Engaging Physicians* and another on *Engaging Communities*.
- We participated in various conferences including “Falls Prevention in Seniors across the Continuum of Care” in Saskatoon, “Taming of the Queue” conference on health care in Ottawa, “Seniors Sharing Wisdom and Wellbeing” in Humboldt, and the Health Care Quality Summit in Regina.
- We have an ongoing relationship with Philips Lifeline which provides a medical alarm and personal response service.
- Saskatchewan Seniors Mechanism and many of our member organizations are actively involved in encouraging seniors to live a lifestyle that is active physically, mentally, and socially.
- The Executive Director is attending meetings with Saskatchewan Health as part of a group put together by the Saskatchewan Voice of People with Disabilities, to discuss Individualized Funding.
- We are a member of ALCOA (Active Living Coalition for Older Adults).

Respectfully submitted,
Holly Schick
Executive Director

Grants Report
Saskatchewan Seniors Mechanism
2011 Annual General Meeting

Core Funding:

Saskatchewan Seniors Mechanism receives its core funding from:
Saskatchewan Parks and Recreation Association
Saskatchewan Health

Funding from these sources provides money for day-to-day operations and the delivery of certain core programs for seniors. Core SSM programming includes such things as: the quarterly publication of our newsletter *Gray Matters*, a Seniors Information Line, research on seniors issues, advocacy, an annual conference to raise awareness about seniors concerns, bringing seniors groups together to facilitate opportunities to work together, the Century Club, events, retreats, and many others.

CORE FUNDING for 2010-2011:

Saskatchewan Health	\$46,634
Saskatchewan Parks and Recreation Association (Sask. Lotteries)	\$166,290

Member Organizations' Program Funding:

Fifty percent of funding from Saskatchewan Parks and Recreation supports member organizations' programs that focus on active living.
In 2010-2011 those grants were distributed as follows:

SSFA: 55 Plus Games / Workshops, Clinics & Meetings / Walking Program	\$13,656
LLC: Aging Well Outreach Program	\$28,665
SSAI: Member Newsletter	\$8,500
Federation des aînés fransaskois: Health Conference	\$3,825
Saskatoon Council on Aging: Saskatoon Century Club	\$10,500
Regina Senior Citizens Centre: Embracing Retirement Showcase	\$8,000
Women of the Dawn: Kokum and Moshum Project	\$10,000

SSM Program Funding:

In addition to the Core Funding, SSM has received a variety of grants over the years which have enabled particular programs and projects. In 2010-2011 the following grants enabled specific pieces of work:

Century of Memories (federal government New Horizons for Seniors) – a project to collect stories from seniors 90 years of age and older. \$25,000

Fraud Awareness (federal government New Horizons for Seniors – Elder Abuse Awareness) – development of a Fraud Cent\$ Toolkit with materials to be disseminated to groups throughout the province \$300,000
(over 3 years)

REAP (Research Education and Advocacy Project, Sask. Parks and Recreation Association) - a grant to allow us to do research into recreation activities available to seniors throughout Saskatchewan \$2,140

Regina Housing Authority Outings (City of Regina Community Initiative) – recreation coordination in seniors' buildings at Regina Housing Authority \$9,000

Elder Abuse Network (federal government New Horizons for Seniors – Elder Abuse Awareness) – to establish a provincial elder abuse network and resource directory/inventory \$101,967
(over 2 years)

Please note that this listing relates to work completed in the 2010-2011 fiscal year or work that has begun in the 2011-2012 fiscal year prior to this AGM. In some cases the grant money and/or the work may overlap more than one year.

Respectfully submitted,
Holly Schick
Executive Director

SASKATCHEWAN SENIORS MECHANISM

OTHER REPORTS

Philips Lifeline Saskatchewan

Saskatchewan Seniors Mechanism

2011 Annual General Meeting

Terri Berglund

Program Manager

Total Active Subscribers:

YTD March 2011: 1039

2010 - 2011 Achievements

Strong rapport has been established with our partner, Saskatchewan Seniors Mechanism, for over eleven years and has resulted in an increase in referrals and organic growth since Nov, 1999. Executive Director, Holly Schick has given me the opportunity to present new innovations from Philips Lifeline and distribute marketing material to board members twice in 2010. Holly, as well as her own staff and multiple board members and their organization members have also referred clients to the Lifeline service which have resulted in installations. Saskatoon Council on Aging in Saskatoon invited me to their caregiver support group meetings and displays in various facilities in Saskatoon where the attendees saw value in the service and many had Lifeline installed for their loved ones. They invited me to their yearly Conference in Saskatoon "Spotlight on Seniors" with attendance of 600+ seniors and their families (rural and urban). Regina Senior Citizens Centre-presentations and displays at various events-Falls Clinics, Flu clinics, Pancake Breakfast, and yearly tradeshow "Embracing Retirement". Saskatchewan Seniors Association Inc- Len Fallows invited me to their conference in Saskatoon, which I attended and was able to present the new AutoAlert service as well as have a display booth in June/10. Attending the SSAI Conference also led to more referrals from members and the opportunity for me to give presentations in some of the members' communities. SSM Administrative Assistant, Lynne Couzens, a longtime advocate for Lifeline, continues to refer people in need of the service via phone, email, and walk-ins. SSM Fraud Awareness Program's coordinator, Tracy Thompson, is an advocate for Lifeline in her presentations to seniors throughout the province and we have "piggy backed" our presentations at various locations throughout the province- Humboldt, Biggar, and Yorkton. Unfortunately, I was ill for the SSM Celebrating Seniors in Oct /10 so was unable to attend but I will be there for 2011's in Saskatoon. One page ads in Gray Matters in all quarterly editions with Lynne's assistance and our upgraded link to the SSM webpage, completed by Tracy with our Lifeline Marketing Coordinator, has given Lifeline exposure and increased installations. I am proud to educate people in my travels about the value of the SSM and to support the SSM with partnership fees and rental fees paid quarterly.

Ongoing:

In-services to Continuing Care Assistants at Saskatchewan Institute of Applied Arts and Sciences (SIAS) in Regina as part of their curriculum module, "Safe Environment" and completed annually.

Continue to build rapport with VAC (Veterans Affairs Canada) in Regina and Saskatoon with sales calls and updates - VAC does refer veterans regularly each month to the Lifeline service.

Royal Canadian Legion- continue to build rapport with the 200 Legions in SK through presentations to the larger ones in Saskatoon, Regina, and Prince Albert and replenishing Lifeline information to the other legions in my travels throughout SK. Since Philips Lifeline's partnership with the Royal Canadian Legion nationally in Jan/08 Lifeline continues offering the legion members 2 months free for the Lifeline service for themselves, family, or friends. I am once again invited to their conference which is being held in Moose Jaw in Oct/11.

Attended numerous national, provincial and local conferences, and education days for a variety of healthcare professionals-SAHO (SK Association of Health Organizations), SSOT (SK Society of Occupational Therapists), CAOT (Canadian Association of Occupational Therapists) in 2011, SRNA (SK Registered Nurses Association), Renal Dialysis Nurses Conference, Heart and Stroke, Palliative Care Conference, Diabetes Educators Education Day, Nurse Practitioners, Parkinson's Workshop and Multiple Sclerosis Conference and National Falls Prevention Conference.

Attended numerous conferences and trade shows locally and provincially which are attended primarily by seniors organizations, seniors and their families/caregivers but also healthcare professionals-Spotlight on Seniors, seniors safety Expos in numerous locations in SK, Embracing Retirement, Caregiver Support groups in Saskatoon and Moose Jaw, SSM conference in May 2011 in Humboldt.

Increased number of presentations to senior living residences and seniors organizations.

A total of 42 seniors' presentations in 2010

Displays at wellness and falls prevention fairs in seniors' centers and residences

Developing and maintaining provincial and community relationships:

All hospitals and health centres (healthcare professionals-nurses, nurse practitioners, physicians, therapists, social workers, discharge planners)

Provincial Home Care

Community Health Nursing Services in First Nations Communities

Private Home Health Services

Seniors Healthy Living Program

Private Duty nurses-primarily Regina and Saskatoon

Community Clinics/Family Services

Physicians' offices

Podiatrists

Footcare clinics

Pharmacies

Day Programs/ Convalescent care, Extenders/Transitional and Quick Response Units

Allan Blair Cancer Centre

Veteran Affairs Canada (VAC) Regina and Saskatoon offices
Saskatchewan Safety Council
Emergency Medical Services
HealthLine
Mental Health and Addictions Services
VON-Saskatoon and Moose Jaw
Schools of Nursing
Physiotherapy and Rehabilitation Clinics in Community
Caregiver Support Groups-Saskatoon and Regina
Seniors Education Centres
Other health-related organizations: Parkinson's Foundation, Canadian Diabetes Association, Alzheimers Society, Multiple Sclerosis Society, Arthritis Society, ALS Society, Osteoporosis Society, Saskatoon Balance and Dizziness Centres, Post Polio Regina, Gerontology Association, CNIB, Stroke/Caregiver Education Program, Saskatchewan Voice of People with Disabilities, SK Aids to Independent Living
Other groups- various seniors centres and groups in seniors complexes and churches.

First Nations: In services and sales calls to over 20 bands in SK, to Directors and Home care nurses have resulted in installs, many being funded by the bands from the Community Development Corporation through the local casinos.
SFIPS (SK Falls Injury Prevention Strategies) I have been a board member since its inception in Nov/06 to develop provincial strategies for prevention of seniors' falls.
Regina and area Seniors Falls Prevention Committee-co-chair of committee with Shelly McEwen of RQHR.

Philips Lifeline Marketing Resource Team: assisted with multiple pilot projects in introducing new marketing tools to referral sources and gathering information from referral sources to discover their needs.
Home Service Representatives (Lifeline installers): recruited prospects, collected resumes, and completed face to face interviews and orientation training. I have also trained some of my Home service Representatives (Lifeline installers) to man Lifeline displays at tradeshow and present at seniors buildings
Actively participated and helped organize 2 successful Home Service Representative Workshops annually in Regina (at SSM office) and Saskatoon in June/10
Assisted with training of new Philips Lifeline Community Representatives in MB and BC.

In Feb 2010 Philips Lifeline acquired competitor, Parkland Ambulance Personal Response Services in Prince Albert. Over the last year I have built rapport with this group (EMTs, Paramedics, and office staff) and they have been referring patients to Lifeline which have resulted in activations and credited to the SSM partnership

THANK YOU PARTNER! The SSM renovations have been great and I have acquired multiple shelving units which store and organize all my Lifeline marketing materials and other goodies!!



ALCOA Representative Report **Saskatchewan Seniors Mechanism** **2011 Annual General Meeting**

During the 2010-2011 year, SSM made the decision that the Executive Director would be our named representative to ALCOA. I am also serving as an ALCOA Guardian (i.e. member of the *Board of Directors*) and have participated in their regular teleconference meetings. Our relationship to ALCOA continues to be an important partnership in which we have opportunities to share ideas on possible activities and resources, seeking to work together where possible.

ALCOA, like many non-profit agencies, is dependent on grants and sponsorship revenue to support its activities. This is an ongoing challenge and establishing sustainable funding is a priority for ALCOA.

The **Public Health Agency of Canada (PHAC) Active Living for Canadians with Diabetes Project** continues in phase II. This project changed significantly from a small two-page tear sheet, to a 36-page Passport and a Leader's Guide. The focus testing has been completed on the Passport, it is being pilot tested, and the Leader's Manual is now drafted and in the design phase. Most of the pilot projects using the *Passport* resource will be completed towards the end of April. After that, it will receive a final review of the content and then will be translated into French.

ALCOA sent a letter to PHAC expressing their thoughts regarding the revisions to the **Physical Activity Guide for Older Adults**.

ALCOA has developed a new publication called **Silver Times**. So far, there has only been one edition, which was very well received. However, they had hoped the sponsor for the first edition would pick up the costs for other editions, at least for the coming year, but this is not happening. They are looking for new sponsors to allow the publication to go forward.

ALCOA has received funding to update some of their Active Living Tips, to write a new Active Living Tip on Brain Fitness, and translate them into other languages.

ALCOA is working with the HTHealthWorks™ Program web site, a site which will keep personal vital medical information up-to-date and at your fingertips. It is a free, private, and personal health site. The personal health data will be maintained by Q9 Networks, a leading Canadian data centre which is considered to be the most secure third party provider within the Canadian marketplace.

ALCOA was contracted by Environment Canada to prepare a document on best practices of outreach to seniors with a focus on how to message and communicate information about the Air Quality Health Index. Their final report on this was submitted in March 2011. The Executive Summary in-

cluded this statement—“ The overriding factors for effective messaging for older adults are as follows:

- Clear language makes it simple for all to read
- Easy to read with large font size and appropriate colour combinations for those with low visibility
- No acronyms as they do not know what AQHI means
- One language at a time, preferably their first language of choice
- Photos to be reflective of the target market(s)
- Face to face communication is best, followed by television and radio

If the promotional material is age friendly for older adults, it becomes universally friendly for all.”

Respectfully submitted,
Holly Schick
ALCOA Representative

**SASKATCHEWAN SENIORS MECHANISM
NOMINATING COMMITTEE REPORT**

Nominating Committee Report

Saskatchewan Seniors Mechanism 2011 Annual General Meeting

Chair: Allen Morrison

Report to the Annual General Meeting

Nominee for President - Les Lye

Les has served as 1st Vice President, 5 years as Treasurer, and has completed 1 year as President on the Board of Directors of the Saskatchewan Seniors Mechanism.

Note: Nominations will be called for the position of President at the AGM. If there are members nominated from the meeting and a nominee agrees to let his or her name stand, there will be a ballot by a secret vote.

Report to the Board Meeting immediately following the AGM.

Nominees for the Executive Committee of the Board:

Betty Pickering	Allan Stamler
Alf Zimmerman	Margaret Gailing
Allen Morrison (Past President)	

Respectfully submitted
Allen Morrison
Nominations Chair

**SASKATCHEWAN SENIORS MECHANISM
RESOLUTIONS**

SUBMISSION OF RESOLUTION

#1

To: SSM Resolutions Committee

Date: April 7, 2011

Sponsored by Saskatchewan Federation of Union Retirees (SFUR)

Moved by: F. Bishop, 1st Vice-President, SFUR

Seconded by: G. Britton, Treasurer, SFUR

BE IT RESOLVED that the Saskatchewan Seniors Mechanism actively lobby the Government of Saskatchewan to implement legislation to protect retirees from any loss of pension income due to terminations of Defined Benefit Pension Plans.

Saskatchewan Seniors Mechanism
Resolutions Committee
2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Because employees/retirees in the Province of Saskatchewan do not have this protection as they do in all other provinces. There is also no protection for employees/retirees under federal jurisdiction including the territories.

Because some employers have started to use this gap in the law to terminate defined benefit plans even though the employer is not going bankrupt.

SUBMISSION OF RESOLUTION

#2

To: SSM Resolutions Committee

Date: April 7, 2011

Sponsored by Saskatchewan Federation of Union Retirees (SFUR)

Moved by: F. Bishop, 1st Vice-President, SFUR

Seconded by: G. Britton, Treasurer, SFUR

BE IT RESOLVED that the Saskatchewan Seniors Mechanism actively lobby the Government of Saskatchewan to withdraw Bill 160, The Saskatchewan Human Rights Code Amendment Act, 2010 from consideration by the Legislative Assembly of Saskatchewan and lobby the government to hold extensive public consultations, informed by a public policy paper, before any amendments to the Human Rights Code are considered.

Saskatchewan Seniors Mechanism
Resolutions Committee
2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

The point/issue is to make legislation that supports easier access for victims of human rights violations to file complaints and have them heard in a more expedient manner. The proposed Bill 160 would make access less accessible.

Underfunding has been the main problem in processing cases that can take almost 2 years. Tribunals need fixing, improving processes not elimination as Bill 160 would do. Forcing victims to go through the courts is not a step forward.

SASKATCHEWAN SENIORS MECHANISM

OTHER

SASKATCHEWAN SENIORS MECHANISM

VOTING DELEGATES

SSM ANNUAL GENERAL MEETING – 2011

- | | |
|------------------------|--|
| 1. Bill Taylor | National Association of Federal Retirees |
| 2. Charles Keple | |
| 3. Andre Nogue | |
| 1. | Fédération des aînés francsaskois |
| 2. | |
| 3. | |
| 1. Wendy McDermid | Regina Senior Citizens Centre Inc. |
| 2. Bill McLean | |
| 3. Brad McNeice | |
| 1. | Saskatchewan Retirees Association |
| 2. | |
| 3. | |
| 1. Isobel Fowler | Saskatchewan Seniors Association Inc. |
| 2. Fern Haight | |
| 3. | |
| 1. Louis Wood | Lifelong Learning Centre |
| 2. Marj Thiessen | |
| 3. Gerri Wood | |
| 1. Margaret Gailing | Saskatchewan Senior Fitness Association Inc. |
| 2. Lorraine Garratt | |
| 3. Sheldon Kraus | |
| 1. Allan Stamler | Saskatoon Council on Aging |
| 2. Elliot Paus-Jenssen | |
| 3. | |
| 1. | Senior Power |
| 2. | |
| 3. | |

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| 1. Robert Wuschenny
2. Al Schell
3. Margaret Martin | Superannuated Teachers of Saskatchewan |
| 1. Betty Pickering
2. Chuck Ames
3. Fiona Bishop | Saskatchewan Federation of Union Retirees |
| 1. Wayne Rutten
2. Jen Bryski
3. Gary Headington | SaskTel Pioneers Chapter 59 |
| 1. Ivy Kennedy
2. Chelleah Scales | Women of the Dawn |
| 1. Kurt Holstein
2.
3. | Canada Post Heritage Club – Golden Sheaf Chapter |
| 1.
2.
3. | Moose Jaw & District Seniors Association |
| 1. Jennifer Tallentire
2.
3. | Catholic Family Services |

Appendix A